

THE Voice OF THE RIVER

Spring 2022 Newsletter / 2021 Annual Report

Planting Seeds of Hope by Jacob Garland

When confronted with mounting global problems, hope becomes a very fragile species. The intense heat of challenge not only withers hope that once thrived but also threatens little seeds long before they sprout. That is, unless communities prioritize the awareness and involvement needed to germinate those seeds.

As the 2021 Kerry Mackin Summer Educator, I spent my summer teaching youth within the Ipswich River watershed about the importance of the river as well as the ways we can protect it. I loved creating lesson plans, scheduling a curriculum, and connecting with these kids who so clearly wish to become stewards of our environment. But if there's one thing I've come to realize, it's that the challenges we face in protecting our river and our water are extreme—intense droughts, excessive water use, water pollution, and habitat destruction—and they're not going anywhere any time soon.

But I refuse to believe in a future in which our seeds of hope no longer exist. After reaching over 500 kids from Lynn, Marblehead, Salem, Beverly, Danvers, North Andover, Andover, North Reading, Lynnfield, Peabody, and Lawrence, my hope for the future is more alive than ever.

These kids possess a vitality stronger than any challenge we face. They are eager to learn and help, and it is precisely that kind of energy that supports our tiny seeds of hope in the face of our greatest challenges. They deserve our attention and support.

And yes, it's no secret that our Ipswich River, one of the most endangered rivers in the country, is also in need of attention and support. But we have plenty of hopeful seeds: they're planted not only in the next generation of river protectors—who I've been so privileged to teach—but also in all members of the communities that benefit from the river.

We can nourish these seeds through community awareness and involvement, critical thought about the impact of our actions, and deep concern for the well-being of future generations. With help from us all, these seeds we have planted will flower into a future better than we ever could have imagined.



Jacob Garland, shown here leading an IRWA Floating River Classroom program, is an undergraduate student studying at Dartmouth College with a prospective major in environmental studies and psychology. He's worked with nonprofits, school communities, and peer groups to educate individuals about the impacts of environmental issues and their solutions.

I can only hope that I've managed to inspire my students as much as they've inspired me. Thank you to them, and thank you to the Ipswich River Community for giving me this opportunity. Here's to a brighter future!

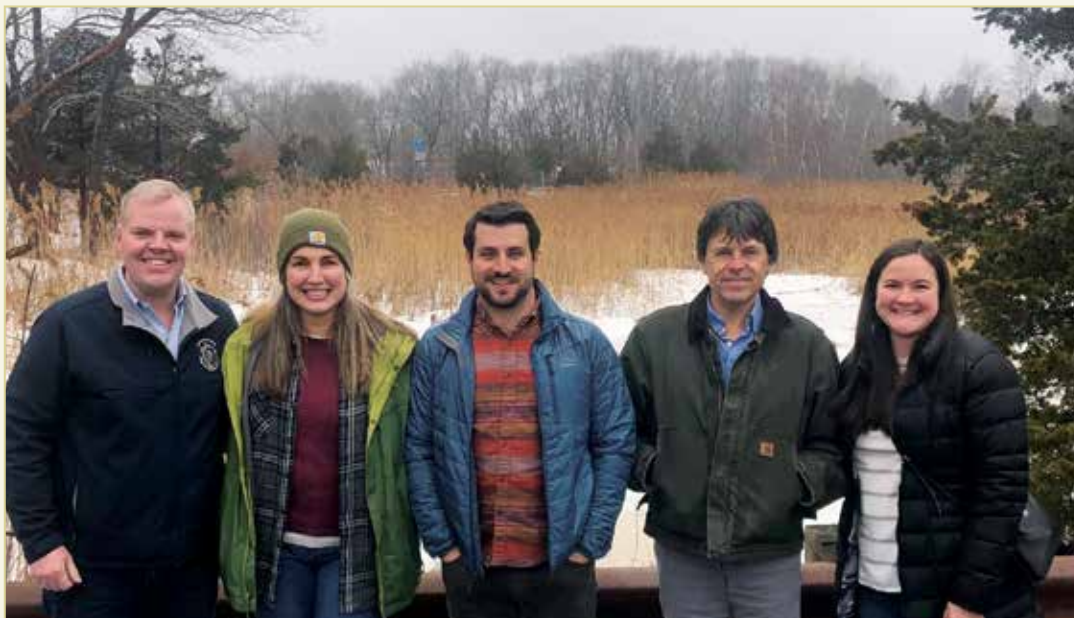
Jacob's article appeared in the Newburyport News as part of a continuing series coordinated by the Alliance of Climate and Environmental Stewards (ACES) about fostering environmental stewardship and the well-being of future generations.

Time to Shift Into Overdrive!

It's still hard to believe the Ipswich River is one of the Most Endangered Rivers® in America. Excessive water withdrawals continue to be a challenge. But you didn't let this keep you down. The river community rallied together in a big way to leverage this dubious designation and take the Ipswich River off the endangered list for good. Launched in April 2020, the #EndangeredIpswich advocacy campaign is our plan to save the river with support from community members, town and city officials, and state legislators. Over the course of two years, this action plan aims to improve water management practices at all levels.

For state officials, we recommend a series of policy solutions to change the existing outdated and unfair water management system. For municipalities, we developed a Recipe for Resiliency as an easy-to-follow guide to achieving net-zero water use while meeting community needs. Becoming water neutral ensures communities have enough water for now and well into the future. Solutions include the pursuit of readily available, less damaging alternative water sources. And each of us can reduce our water use in simple ways. Outdoor water use is the biggest culprit of strain on the river, particularly in the summertime. The Lawn by Lawn campaign aims to make the actions many of you already take, like not watering grass, the norm in our communities.

Year two of the campaign is underway, and it's time to move into higher gear. After years of advocacy, the Drought Bill, which would regulate all outdoor water use during droughts, was reported favorably out of committee, and the legislature is actively considering it. A win here will send a clear message that, like many other states, Massachusetts is facing more and more droughts well beyond what current drought management policy can manage. Now, statewide river advocacy partners are formulating a shared strategy to update current water management and help restore depleted rivers like the Ipswich.



Sean Garballey, MA State Representative for the 23rd Middlesex District, Jamie Belsito, MA State Representative for the 4th Essex District, Neil Shea, Wayne Castonguay, and Victoria Mori from the Office of Senator Bruce Tarr participated in a site tour of critical restoration projects within the watershed, pictured here at Castle Neck River at the Old Essex Road crossing.

Guided by the Recipe for Resiliency, every city and town that uses Ipswich River water will be working on updating their bylaws, ordinances, and regulations to both reduce water use and increase groundwater recharge. The Ipswich River team and partners will facilitate discussions and offer support to find solutions at the watershed scale. In its first year, the #EndangeredIpswich advocacy campaign also helped secure \$250,000 from the state for a series of studies led by Senator Tarr's Water Supply Resiliency Task Force. These studies will determine the feasibility of securing alternative water supplies for communities in the lower watershed and will wrap up by summer.

Community awareness and engagement have always been key to saving the Ipswich River. Digitas, one of the world's largest multinational marketing firms, has committed to a year-long pro-bono partnership to develop and implement an outreach campaign to bolster all these efforts. Keep reading our emails and following our social media to learn how you can take action for the river, and please join us at events throughout the watershed. Together, let's make sure 2022 is the year that signals the end of the Ipswich River's low flow problems.

Thank you for all you do to save the #EndangeredIpswich.

A handwritten signature in black ink that reads "WAYNE".

Wayne Castonguay
Executive Director

Getting Kids Outside More Often

A love of nature is often at the core of environmentally conscious habits. You remind yourself to do all sorts of little things until they become second nature, like turning off the tap, picking up litter, carrying a reusable water bottle, or choosing native plants. Like any habit, getting out in nature has to be actively cultivated. Our region is abundant in green spaces, but not everyone can easily access them. For many people, there are structural impediments to spending time in nature. It's easier to take a walk in the woods if you have things like a steady salary, affordable rent, and reliable child care. If you're working two jobs and are on food stamps, you're less likely to take up paddling. And too often, engaging outdoor education is a privilege for only some. Being in or even near natural areas is beneficial to physical and mental health. A watershed community that has equitable access to green spaces will be healthier and more resilient. And more likely to nourish the next generation of river defenders.

That is why we are very excited to partner with Pathways for Children (Pathways) out of Gloucester this year to lead indoor and place-based environmental education during winter, spring, and summer. We have always offered our Floating Classroom education program at no cost to participants as part of our commitment to accessibility. This partnership means we can expand access to the river and help children and families thrive by creating experiences that instill a love of nature and respect for the environment. Rather than single-day programs, Pathways children and families will participate in multiple outings throughout the year, exploring the natural world and learning new things along the way. "For some of the younger kids especially, their exposure to nature has been pretty limited," says Outreach Manager Rachel Schneider. "But they have been curious and excited to learn. Frog eggs were especially enticing, and the kids can't wait to visit vernal pools this spring."

We're looking forward to a year full of excursions and exploration. This partnership will create experiences that foster a lifelong love of nature that these kids will carry far beyond this summer into their roles as the scientists, policymakers, and advocates of tomorrow. You can help our Floating Classroom program achieve this outcome and more by volunteering or making a gift today. When you invest in our education programs, you empower the next generation of climate leaders.

Volunteers from the Middleton Stream Team and Outreach Manager Rachel Schneider engaged kids at Pathways in conversations about where their water comes from, where it goes, and how they interact with it. "It's always rewarding to see a kid grasp a new concept," says Rachel, "I'm looking forward to really getting to know these kids and getting outside together this spring."



Celebrating Fisheries Restoration

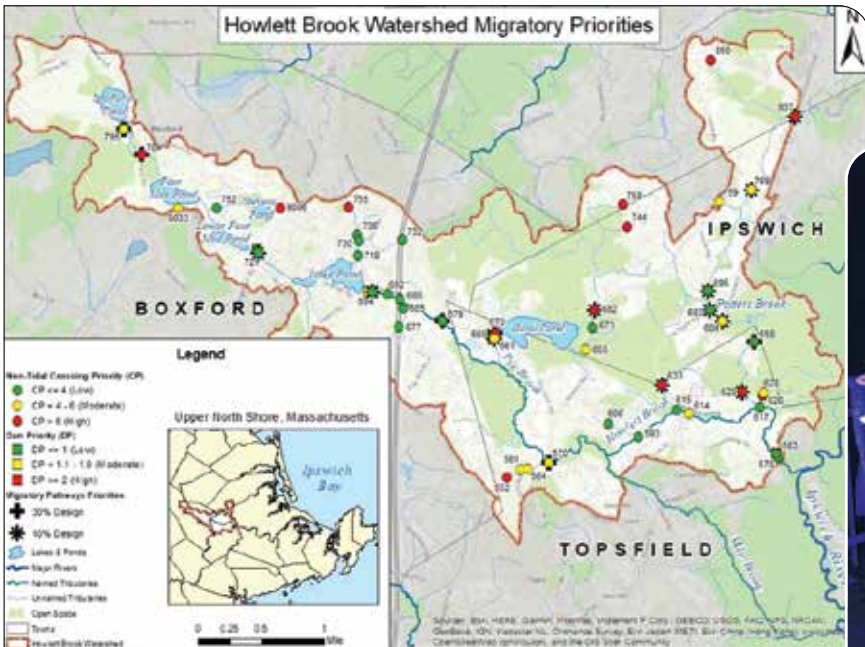
A study of nature reveals the intricacies of ecosystems and the vital role keystone species play in the health of our environment. The Howlett Brook Watershed Restoration Project focuses on returning river herring by addressing stream continuity challenges in an entire subbasin. According to Executive Director Wayne Castonguay, "If you restore healthy, native fish populations, everything else comes with it." A grant from the National Fish and Wildlife Foundation (NFWF) has funded the Howlett Brook watershed design plans, cost estimates, and site surveying for priority sites. Removing these current barriers to flow will significantly improve access for migratory fish. Thanks to the Foundation's support, Hood Pond is home to herring again for the first time in nearly 150 years!



Programs Coordinator Ryan O'Donnell checks out the undersized culverts at the Pond Street crossing in Topsfield, slated to be fully upgraded this spring to meet MA stream crossing guidelines.

For fish enthusiasts like Howlett Brook project partners Trout Unlimited, the benefits of fisheries restoration are clear. But stream flow restoration projects often require community buy-in to move forward. What factors can make a community rally behind a little fish with huge importance? That question is the focus of our new partnership with Northeastern University's Cognitive Laboratory of Environment and Arts Research (CLEAR). CLEAR explores how interaction with and participation in art can increase the public's support for environmental stewardship. Clear Cognitive Psychologist John Coley explains, "Information dumps don't change behavior."

In Plymouth, CLEAR partnered with local advocates to build awareness of the Town Brook herring run using projected installations. This spring, they will participate in our joint Ocean of Rivers event series with Fort Point Theatre Channel. Building off last year's success, we will hold five events in which performance and installations interact with the surrounding environment. By surveying and engaging event participants and key community stakeholders, CLEAR will take a deep dive into Ocean of Rivers to investigate how to keep restoration efforts swimming forward.



A dancer mimics fish migration for an Ocean of Rivers performance and installation at the Ipswich Mills Dam. We're seeking volunteers to help with the Ocean of Rivers project. If you'd like to help or are interested in collecting data for CLEAR, please contact irwainfo@ipswichriver.org.

The stream outlet at Hood Pond crosses under Pond Street, which is considered the highest priority barrier along the entire Howlett Brook watershed migratory pathway. Upgrading this barrier is critical to the success of reestablishing a local herring population.



IPSWICH RIVER
WATERSHED ASSOCIATION
The Voice of the River

2021: Annual Report: You Made a Big Splash When the River Needed It

2,000
hours of incredible
VOLUNTEER SUPPORT

500
KIDS GOT OUTSIDE
through our
Floating Classroom

650
GALLONS of
Endangered Ale sold

400
HERRING STOCKED
in Hood Pond

150
YEARS
since there have been
herring in Hood Pond

1000
IRWA DATA SETS
informing state water
quality practices

38
PUBLIC HEARINGS
attended

44
DEVELOPMENT PROJECTS
reviewed

We've said it before, and we'll say it again: Our work would not be possible without generous and consistent support from enthusiastic individuals who jump right into taking action. You found ways to come together despite a world of challenges. When we learned that the Ipswich River was ranked one of the 10 Most Endangered Rivers® in America, you rose to the occasion—as quickly as this year's uncommonly high water level.

The river called, and you answered.

Paddle-a-thon participants biked, walked, kayaked, and more to raise awareness of their endangered river. Over thirty local businesses and companies, led by **2021 River Heroes New England Biolabs and Institution for Savings**, showed their support as Paddle-a-thon sponsors. Together, sponsors and teams raised more than \$100,000 for the Ipswich River—a record-setting effort!



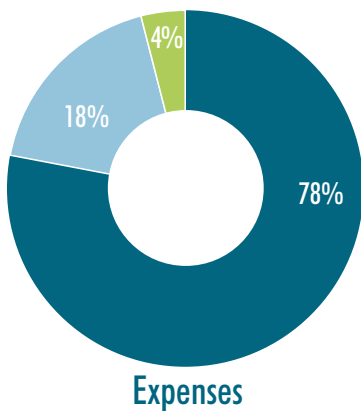
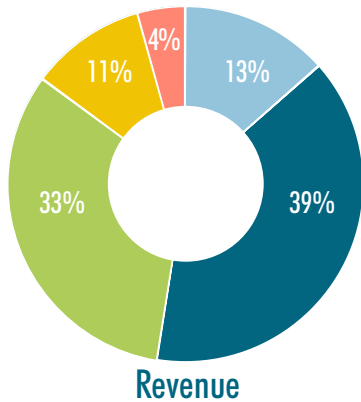
Is your business or corporation interested in backing our efforts? Ipswich River is currently offering Paddle-a-thon 2022 sponsorships at various contribution levels. Contact our Director of Development and Engagement, Amber Redmond, to lock in your support. Above: SKW&CO employees and dogs enjoyed gathering on the river after supporting clean water and Team Reading Ripples.

River advocates called their legislators and sent comment letters to encourage better statewide water management and common sense water restrictions more in keeping with the realities of the climate crisis. **Volunteers** made everything possible, from improved data collection, restoration progress, and badly needed in-person events. In support of an ambitious 2021-2023 Strategic Plan, **donors** increased their giving, making the 2021 year-end appeal the most successful ever.

Whether increasing community resilience, getting more people outside, or supporting relevant, accessible environmental education, you've shown your deep dedication to our mission. Thank you!

2021 Financial Summary

Thanks to the generosity of our members and individual donors, the Ipswich River Watershed Association ended fiscal year 2021 in a strong position. A copy of our audited financial statement is available upon request.



Revenue	TOTAL
Member Dues	\$119,323
Contributions*	\$348,918
Grants & Contract	\$298,630
Special Events	\$94,819
Other Income	\$38,389
Total Revenue	\$900,079

Expenses	
Program Services	\$696,474
Support Services	\$160,774
Depreciation	\$35,735
Total Expenses	\$892,983

Change in Current Assets \$7,096

Balance Sheet

Assets

Current Assets	\$899,021
Property and Equipment	\$1,237,637
Total Assets	\$2,136,658

Liabilities and Net Assets

Liabilities	\$23,990
Net Assets	\$2,112,668

*includes bequests and memorial gifts

The Ipswich River Watershed Association is the voice of the river. We work to make sure there is enough clean water for people, fish, and wildlife, now and for years to come. Together with scientists, the watershed community, and volunteers, we develop solutions to the river's problems and provide opportunities to connect with the river.

2021 Staff

Wayne Castonguay, Executive Director
 Amber Redmond, Development & Engagement Director
 Neil Shea, Restoration Program Director
 Rachel Schneider, Outreach Manager
 Ryan O'Donnell, Programs Coordinator
 Kim Hodlin, Development & Administrative Coordinator
 Patrick Lynch, Environmental Planner (former)
 Gail Sorenson, Bookkeeper

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Happy Trails on the Water



Art Howe samples water quality at the Willowdale dam.

As a lifelong angler and conservationist, I have always held the values of watershed management close to my heart. My early days on the Blackledge River in CT and the Connecticut River in NH were precious for times with my family and for the peace the water gave me. Later years were

enriched with canoe trips across parts of eastern Canada, exposing me to the Cree and Inuit cultures.

I came to the picturesque coastal community of Ipswich in 2006 and soon after became an Ipswich River Watershed Association member. While serving as the Ipswich Fire Chief, I took great pleasure and peace in counting herring for IRWA. When I learned that water allocations exceeded the supply, I felt compelled to do more and joined IRWA's Board. I am also

a member of Rotary International, whose motto is "Service Above Self." With this motto resonating through me, I thought, how can I translate it to my work with IRWA? Despite its small size, IRWA has successfully advocated locally and regionally for effective watershed management. With increased support, I believe that solutions to the river's woes are within reach.

Concurrently, I was updating my will and saw an opportunity to both serve others in need and demonstrate for my children a sense of philanthropy towards causes near and dear to my heart. I was so pleased to include IRWA and Rotary in my revised will. Adding a legacy gift is nowhere near as complex as you might think. You name the percentage or exact amount, no one else. You are in control. I feel grateful to share a small part of my assets with IRWA upon my death and know that this small but mighty organization will be wise stewards of my dollars.

~Art Howe

Already included IRWA in your estate plan? Let us know. Doing so will allow us to appropriately thank you for your gift and keep you updated on our work.

Every friend of the river is special to us. Thank you.



Scenes from source to sea.

The North Shore of Massachusetts is filled with iconic areas of natural beauty including the Great Marsh and the Ipswich River. Like many places across the world, these local treasures are facing uncertain futures. **The Flowing River Art Show** is organized by the Ipswich River Watershed Association to celebrate local artists and highlight the wetlands, rivers, streams, wildlife, and clean water that make this region so special. A portion of the sales from the show will be donated by the artists to protect the health and beauty of the Ipswich River. Thank you to the many talented artists participating in the show, and to our show partner, Cell Signaling Technology, for making this incredible event possible. **You can see examples from the show in our Annual Report, and view the entire gallery at ipswichriver.org/artshow22.**



River Stewards

Each of these leadership donors provides \$1,000 or more in support through Membership, Annual Appeal or other gifts. Your leadership support makes a world of difference!

\$10,000 & up

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Laura Winthrop Abbot
Christine L. Barenfeld
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New England Biolabs, Inc.
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Jonathan Winthrop
The Wunker Family
Zakaria Family Foundation

Business Support

\$10,000 & up

Cell Signaling Technology
Institution for Savings
New England Biolabs, Inc.

\$5,000 – \$9,999

Analog Devices, Inc.
Arthur J. Gallagher & Co.
Graystone Consulting
Wellesley Asset Management

\$1,000 – \$4,999

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BDO USA, LLP
Columbia Construction Company
Columbia Threadneedle Investments
Essex National Heritage Commission
Ipswich Investment Management
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Trout Unlimited, Nor'East Chapter

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The Orchestra On The Hill
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City of Beverly Conservation Commission
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Horst Engineering
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Shaw's Market
Silicon Valley Bank
Teradyne, Inc.



Artist: Mark Gooby

The Blackbaud Giving Fund
Water Words That Work

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Members of the Ipswich River Legacy Circle have our everlasting thanks for providing for the Ipswich River through their will or other planned gift.

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Zakaria Family Foundation

Tributes

We are honored to protect the Ipswich River in tribute to these members of the river community.

In tribute to Nathaniel E. Cameron
Elizabeth & Edward Cameron
In tribute to Don Comb
Peter Hartline & Rebecca Kucera
In tribute to John Fiske
Lisa Freeman
In tribute to Renee Hoekstra
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In tribute to Barbara Ostberg
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Sharlene Tuttle
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In tribute to Robert "Bob" Pietrillo
Jean & Robert Pietrillo
In tribute to Joe Sandulli
Tanson Gardner
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Rachael Simkins-Makela
In tribute to James "Whit" Whithed
Nancy May

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Bill & Bobbi Whiting
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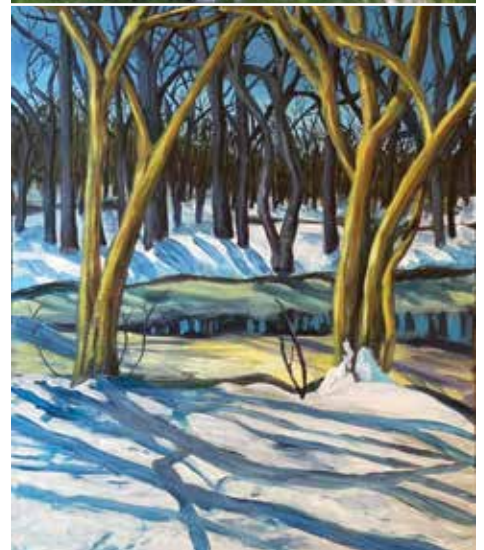
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Artist: Robert Pecchia

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Artists: (top to bottom) Geoff Kronik, Amy Holland Crafton, Laura Bryant Dignam, Michael Milczarek, Domma Bambury



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James E. Roderick
Gary Rogers
Tom Rogers
Ed & Chris Roman
Christian Roop
Rosalind Rosenthal
David & Justine Ross
Paula Ruelle
Spencer Rumsey
Jessica Russell
Kelly & Scott Russell
Laura Russell
David Ruszman
Benjamin Ruth
Marianne Rutter
Elizabeth Ryan
Julie Ryan
Martha Ryan
Donna Sadaski
David Salt
Jonathan Salt
Nathalie Saltikoff
Albert & Beverly Sampson
Susan Sampson
Dave Samson
Susan Sanborn
Nancy Sander
Austin Sanders
Merika Sanders
Carol Sanger
Betty Santagati
Mary Sassin
Marjorie Satinsky
Patrick Saunders
Randy Saville
Frank & Nancy Scanzani
Frank Scarpa
Deedee Schiano
Thomas Schmidt & Tracy Mayor
Deborah Schnabel
Elizabeth Schneider
Juliana Schneider
Xenia Schneider
Megan Schofield
Susan Schommer



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Rick & Marilyn Schrenker
Anne Schwartz
Julie Scofield
Elizabeth Scott
Nanda Scott
Sarah Scruton
David Searles
Nancy Searles
Christine Seibert
Pilar Perez Serrano
Sarah A. Sharpe
Kaitlyn Shaw
Shaw's Market
Diane Sheahan & Jerry Gove
Jake Sheridan
Carol Shields
Debra Shirley
John Shirley
William & Karen Shorr
David Siedzik
Jonathan Siegal
Silicon Valley Bank
Richard J. Silverman
Kara Simeonov
Marilyn Simmons
Cory Simonds
Geoffrey Simons
Kathy & John Simons
Toy Simpson
Judy Sinclair
Mary Skinner
Venessa Skinner
David Skomurski
Marianne Skomurski
Shelley Sloboder
Suzanne Smetana
Cynthia Smith
Jerry & Bette Smith
Jodi Smith & Jeri Kroll
Kristin Smith
Laura Smith
Laurie Smith
Richard & Barbara Smith
Jennifer Snell Rullman
Shane Snowden
Monica Medeiros Solano
Josh & Danielle Solar
Gail Sorenson
Mariel Souza
Abigail Spaulding
Carol Spence
Aida Spencer
Susan Spousta
Lucy Sprague
Tom Sprague
Ashley Springgett
Robert Spurrier & Paula Jones
Nancy Starks-Cheney
Cathy Stavrakas
Effie Stavrolaki

Artists: top to bottom) Cathleen Bannister-Marx, Dorothy Kerper Monnelly, Rick Silverman, Ed Monnelly, Joy Muller-McCoola; top right), Christine Robinson;

Pam Steel
 Alycia Steele
 Angela Stefanon
 Steve & Barbara Steinberg
 Anne & Andy Stevens
 Leigh Mantoni Stewart
 Michael Stewart
 Karyl Stoia & Joe Wilson
 David Stone
 Barry & Roseann Sullivan
 Diane Sullivan
 Jeff Sullivan
 Zhiyi Sun
 Pamela Surette
 Beth Swan
 Erik Swanson
 Anne Sweetland
 Nancy K. Swindell-Lucas
 Pat & Robert Swisher
 Jessica Switzer
 Kris & Jim Swords
 Amin Tadjoleiman
 Mark Taitz
 Marjorie Talacko
 Karen Tam
 Danielle Shea Tan
 Danielle Tatosky
 Mollie A. Taylor
 Rick Telep
 Elizabeth B. Tener
 Teradyne, Inc.
 The Blackbaud Giving Fund
 Rachel Thompson
 Theresa Thompson
 Stephanie Thrower
 William Todd
 George J. Tougas
 Arthur J. & Jean L. Towne
 Robert & Leslie Tragert
 Paul Tremblay
 John J Trocki
 Joel Trombley
 Katherine Tuohy
 Jamie Turner
 John & Erika Turner
 Sharlene Tuttle
 Meg Twohey & Darrow Lebovici
 Jacqueline Ullman
 Paul Valcour
 Martha Valleriani
 Allan P. Vaughan
 Steven Veenema
 Mr. & Mrs. John Vickery
 Rebecca Vienneau
 Carla Villa
 Mabel Vogel
 Charles Von Bruns
 Birgit von der Heide-Elliot
 Kurt Wahtera
 Patience Wales
 Katharine Walker
 Jamie Wallace
 Susan Wallingford
 Barbara Wallraff
 Geoff Walton
 Qiong Wang
 Sarah & Alan Ward
 Grace Warren
 Dorothy Wass
 Water Words that Work
 Michael Watkins
 Anne Waymouth
 Bob & Sandy Weatherall

David & Clare Weaver
 Anna Webb
 Elizabeth Weinbloom
 Paul Weingartner
 Dan & Andrea Welch
 The Weldon Family
 Alain-Marc Werner
 Jason & Michele Wertz
 Charles Wheeler
 Debra & Roger Wheeler
 Scott Whitlow
 Brandy Wilbur
 Anna Wilk
 Carol Williams
 Lindsey Williams
 Chris Wilson
 Geoff Wilson
 Joshua Winer
 Amy Winkel-Gois
 Robert Winship
 Fred & Alice Winthrop
 James Wismer
 Nan Wisner
 Gabriela Wisniewski
 Kenneth & Susan Wolkon
 Thomas Woo
 Sarah Wood
 Stanley Wood
 Kathleen Woods
 Diane Woodward
 Elizabeth Woodward
 Elizabeth Woodward
 Nancy C. Woolford
 Christina Wovk
 Casey & Ann Wright
 Diane Yates
 David Young
 Diane J. Young
 Mark Young
 Michael Young
 Johanna M. Zabriskie
 Ron & Sally Zagaja
 Paul & Debi Zanotti
 Julie Zook
 Gregg Zoske
 Deborah Zuckerman

Volunteers

Volunteers are vital to our strength and vibrancy. You are the caretakers of the mission and the catalyst for us to grow and sustain the river for future generations.

Heather Aizley
 Bruce Amazeen
 Keith Attenborough
 Donna Bambury
 Glenn Bambury
 Donnan Barnes
 Brenda Baugh
 Dean Baumeister
 Nicholas Beaudoin
 Caroline Belanger
 Jackson Belanger
 Judianne Beltz
 Amy Blondin
 Dana Bos
 Carol Bousquet
 Brandon Boyd
 Loring Bradlee
 Eric Brissette
 David Bunting
 Elizabeth Cameron

Russ Camp
 William Campbell
 Ms. Cathy Carney-Feldman
 Deborah Cassidy
 Jean Charos
 Paul Charos
 Linda Coe
 David Comb
 George Comiskey
 John Coulbourn
 Laura Cuniff
 Erin Curley
 Chris Davis
 Kevin E. Davis
 Mike DeAmario
 Sue DeAmario
 Susy Deane
 Charles Desilets
 Brooke Desmond
 Kevin Dillon
 Dave Dishaw
 Marlene DiVirgilio
 Diane Dixon
 Stephen Fantone
 Linda Fates
 Richard Fates
 Bob Ferris
 Will Finch
 Lauren Fitzgerald
 Coleen Fitzgibbon
 Benjamin Flemer
 Joan Flynn
 Jeremy Foster
 Deborah Fraize
 Kristin Frank
 Carolyn Whipple Fraser
 Chris Gauthier
 Jennifer Gauthier
 Anne L. Gero
 Gayle Gleichauf
 Peter Goodwin
 Jerry Gove
 Jackie Hannigan
 Joel Hariton
 John B. Hart
 Mary Hatton
 Dan Heiter
 Sally Heiter
 Mark Hodgson
 Renee Hoekstra
 Will Holton
 Kate Hone
 Kim Honetschlager
 Marguerite Hoover
 Richard Howard
 Jennifer Hughes
 Claudia Rae Johnson
 Ingrid Johnson
 David S. Kneedler
 Steph Laubner
 Mary Ann Leekley
 Russell Leibe
 Sharon Lemoine
 Russ Liebe
 Katherine Lindquist
 Lawrence Lindquist
 Jeffrey Lissack
 Mark Logsdon
 Tracy Luu
 Matthew MacKenzie
 Kerry Mackin
 Ronnie MacNeill
 Amy MacNulty

Ken MacNulty
 Lisa Manzi
 Bill McDavitt
 Susanna L. McLaughlin
 Luke McMahon
 Sarah McVey
 David Merrill
 Middleton Stream Team
 Deborah Moules
 Peter C. Nechtem
 Deborah Nelson
 Joshua Nooij
 Richard A. Nysten, Jr.
 Kristin Ostberg
 Rick Ostberg
 David Paulin
 Catherine Petrie
 Bruce Piper
 Mira Plante
 Vindula Platt
 Susan Plutsky
 Mr. Ryan D. Redmond
 William Reed
 Teresa Restrepo
 Rebecca Restrepo-Steimel
 Richard J. Rogers
 Thomas Rua
 Don Ruzecki
 Christine Sandulli
 Patrick Saunders
 Dale Schneider
 Judy Schneider
 Al Scott
 Nanda Scott
 Jenifer Shattuck
 Diane Sheahan
 Aleks Siegel
 Jessica Smith
 Mary L. Smith
 Christopher Hosking Sobotowski
 Dr. Carl Soderland
 Diane Soderland
 Susan Stendahl
 Martha Stevenson
 Pia Stewart
 Janet Stone
 Frank Sullivan
 Suzanne M. Sullivan
 Dylan Sultzbach
 David Tapley
 Brian T. Tinger
 Robi Tobin
 Skip Tobin
 Mark Veilleux
 Beth Viehmann
 Carla Villa
 Audrey Waldinger
 James Waldinger
 Bill Whiting
 Bobbi Whiting
 Kelly Whitmore
 Benjamin Wildrick
 Dave Williams
 Lindsey Williams
 Susan Winthrop
 Gabriela Wisniewski
 Ann Witzig
 Michael Wolfe
 Nancy Wolfe
 Diane Woodward



Artists: (top to bottom) Ginny Obrien, Anne Carroll, Corinne Commass-Abercrombie, Cynthia August, Stever Carr

Growing Healthy Communities

The way we think about building and engineering our environment must adapt at the local level. For example, the old solution to flooding was to divert stormwater through gray infrastructure directly to waterways with minimal or no treatment. But for rivers like the Ipswich, stormwater is a source of pollution that is made worse by this old solution. Stormwater is a nonpoint source of pollution caused by rainfall or snowmelt moving over and through the ground and carrying pollutants into rivers, wetlands, and other water bodies. Due to its impacts on water quality, the Clean Water Act was amended in 1987 to establish a national nonpoint source pollution control program. Still, stormwater continues to be a challenge for many rivers. New solutions need to be implemented to prevent untreated water from flowing directly into our rivers and streams.

As you know, conditions can change from floods to drought in a flash. Communities must plan with both extremes in mind. Together with a team of policy, land management, and water quality experts, we have created a report—The Recipe for Resiliency—to help cities and towns prepare for any condition or challenge. The Recipe for Resiliency is full of tested policies, management plans, and community engagement resources. While The Recipe is primarily a guide to protecting the future of water, it goes beyond safeguarding the river's future. Implementing its solutions will make our communities healthier overall.

While your municipal officials collaborate to map a water resiliency plan, you, too, can take action. Many of you already refrain from watering your lawns. You use rain barrels and have established native plants—You're walking the walk. By making the Lawn by Lawn pledge, you can talk the talk. Pledging to Grow Healthy Communities, Lawn by Lawn, means more than the core pledge. A proudly displayed lawn sign helps set a norm in your community, one front yard at a time. It says, "We believe in conserving water and keeping it clean."



Research shows that neighborhoods tend to stick together when it comes to lawn maintenance. Be the first in your neighborhood to show your commitment to green spaces and clean water.

Visit ipswichriver.org/endangered today to take the pledge:

- ▶ I will not water grass;
- ▶ I will hand water gardens, shrubs, and trees;
- ▶ And I will cut out chemical use.

Then swing by Riverbend to pick up your free lawn sign.



whatever is on the ground will get on them too. Along with saving water, the Lawn by Lawn pledge asks community members to cut out chemicals, keeping our pets and family healthy.

We love enjoying nature with our furry friends, like at last year's Dog Day of Summer event. Our pets roll, walk, play, and chew in our outdoor spaces, meaning

2022 IPSWICH RIVER EVENTS

April

- 4/2 – Vernal Pool Walk with the Middleton Stream Team
- 4/9 – Pond Meadow Rookery Walk
- 4/16 – Ocean of Rivers Topsfield Walk
- 4/21 – Fireside Chat with Wayne
- 4/23 – Ocean of Rivers Hood Pond Walk
- 4/28 – Annual Meeting**

May

- 5/7 – Ocean of Rivers Boston Brook Walk
- 5/14 – Ocean of Rivers Norris Brook Walk

June

6/18 – Paddle-a-thon 2022

July

- 7/9 – Sawmill Brook Walk
- 7/20 – Colors of Summer: Plein Air on the Ipswich River
- 7/23 – Wildcat Forest Walk

August

- 8/6 – Skug River Reservation Walk
- 8/20 – Stearn Ponds Watershed Walk

September

- 9/10 – Strawberry Moon Riverbend Paddle

October

- 10/9 – Blood Moon Riverbend Paddle
- 10/16 – Fall Family Walk with the Middleton Stream Team
- 10/22 – Colors of Fall: Plein Air on the Ipswich River
- 10/29 – Halloween Nature Walk

November

- 11/3 – Fireside Chat with Wayne
- 11/12 – Miles River Walk
- 11/26 – Get Outside Walk

December

- 12/1 – PIE-Rivers Annual Meeting**
- 12/10 – Holiday Walk



More events coming soon!

- Community Paddles with Ipswich Community Yoga Collective
- Mindfulness Paddles
- Dog Day of Summer
- Trails and Sails events

Join our email list to be the first to know about our latest events.

Find event details and register at [ipswichriver.org/calendar](https://www.ipswichriver.org/calendar).

(top to bottom) Walkers at the Middleton Winter Walk enjoy a snowy but sunny outing near Boston Brook; Walkers observe nesting great blue herons during a spring walk to the largest rookery in the watershed; Outreach Manager Rachel explains the route of the river as it passes between the Ipswich River Wildlife Sanctuary and the Patton Homestead on a winter walk; Pike Messenger of the Middleton Stream Team shares the history of Curtis Mill, the site of the first dam removal project in the state, at the Fall Family Hike.

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Celebrating Fisheries Restoration
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The Ipswich River is the lifeblood of the North Shore.

As children across the watershed learn through our education programs, we all have an impact on water. Just as water moves through the ground and to our rivers en route to the sea, each of us makes daily choices that will ripple into the future.

Thank you for making the good choice to be a friend to the river.

Whether you've only just discovered the Ipswich or you're a life-long advocate, your extraordinary generosity and consistent support are vital to the health of the Ipswich River. Over the last two years, many of you went above and beyond, increasing your gifts of support and bringing new people to our community of river enthusiasts.

Keep making a difference for the river.

Join or renew your membership, donate, or volunteer today.

- ▶ ipswichriver.org/membership
- ▶ ipswichriver.org/donate
- ▶ ipswichriver.org/volunteer

On behalf of our board and the entire Ipswich River team, thank you for all you do to make the river more resilient!

A big thank you to all our donors from (l-r) Deborah Moules, Gail Sorenson, Amber Redmond, Claudia Johnson, and Kim Hadlin, our amazing fundraising team.

You Make A Difference!

